

# DRAWING AND TALKING FOUNDATION COURSE

Lancashire Virtual School

Date: Monday 22<sup>nd</sup> April 2024, 9am-3.30pm

Location: County Hall, 32 Fishergate, Preston PR1 8RL

Drawing and Talking is a safe, easy to learn method of working with children, teenagers and young adults, to help with underlying emotional difficulties that may be affecting their learning and behaviour. The core of the method is encouraging the pupil to draw with a person with whom they feel comfortable, regularly, at the same time each week, and this person asking some non-intrusive questions about the pupil's drawings. Over time, a symbolic resolution is found to old conflicts, old trauma is healed, and the pupil is more able to control their behaviour and better able to access the curriculum.

Working with the child's inner world needs to be carried out safely and non-intrusively, with respect for the child's own pace and state of being. Anyone using Drawing and Talking learns to stay in the world of the child's drawing. The child sets the pace and decides what to bring to the session. Often, in a first session, a child will produce a very neutral drawing, something in the room or the view from a window. Once they feel safe, their imagination begins to unfold.

## The Foundation Training Course – 1day programme

09.00 to 3.30pm on 22<sup>nd</sup> April 2024 at County Hall, 32 Fishergate, Preston, PR1 8RL

Led by one of Drawing and Talking's expert trainers

Places can be booked via <https://clickdelegate.lancashire.gov.uk/conferenceDetails.asp?cid=55666>

Please contact [virtualschooltraining@lancashire.gov.uk](mailto:virtualschooltraining@lancashire.gov.uk) for further information



The foundation course consists of a full day's training. It is suitable for anyone who is working with vulnerable children and young people. No previous knowledge, training or experience is necessary.



Participants will learn how to put this simple technique into practice. They will learn how to get started, how to run a session and how to deal with common problems which can arise.



Drawing and Talking is a serial drawing technique which takes place over a **12-week** period. During the training there will be an opportunity to see how drawings change over time as this powerful, yet safe, healing method takes effect.



The theoretical component to the training will teach basic neurobiological theory relating to trauma, how to create a safe and containing space, the importance of endings and losses, how to deal with distress and Child Protection issues.



The experiential component will be an opportunity to develop the technique of mentally 'Holding' and 'Being With', another human being, an essential part of the therapeutic process.



Participants will be expected to draw but no special artistic ability is necessary as it is solely to practise, experience and create the sessions for them and people with whom they will be working. By the end of the training, participants should be confident to get started.



Following the course you will have your first year's membership included. Membership includes access to 1 year's support via access to group monthly coaching calls (12 per annum). These coaching calls allow practitioners to develop good practice, ask questions about things that arise and learn from others' experiences. You will also have access to our extensive resource library within the members area and will be eligible for discounts on future training.

## Training is designed for:

Head Teachers, Teachers, Teaching Assistants, Learning Mentors, SENCO's, Pastoral Care, Family Support Teams or anyone working within the charitable sectors with children, teenagers and young adults.

Train with Drawing and Talking [www.drawingandtalking.com](http://www.drawingandtalking.com)